

Surgical Considerations for Pediatric Anesthesia

**DR.SIRILUK CHUMNANVEJ
ANESTHESIOLOGIST**



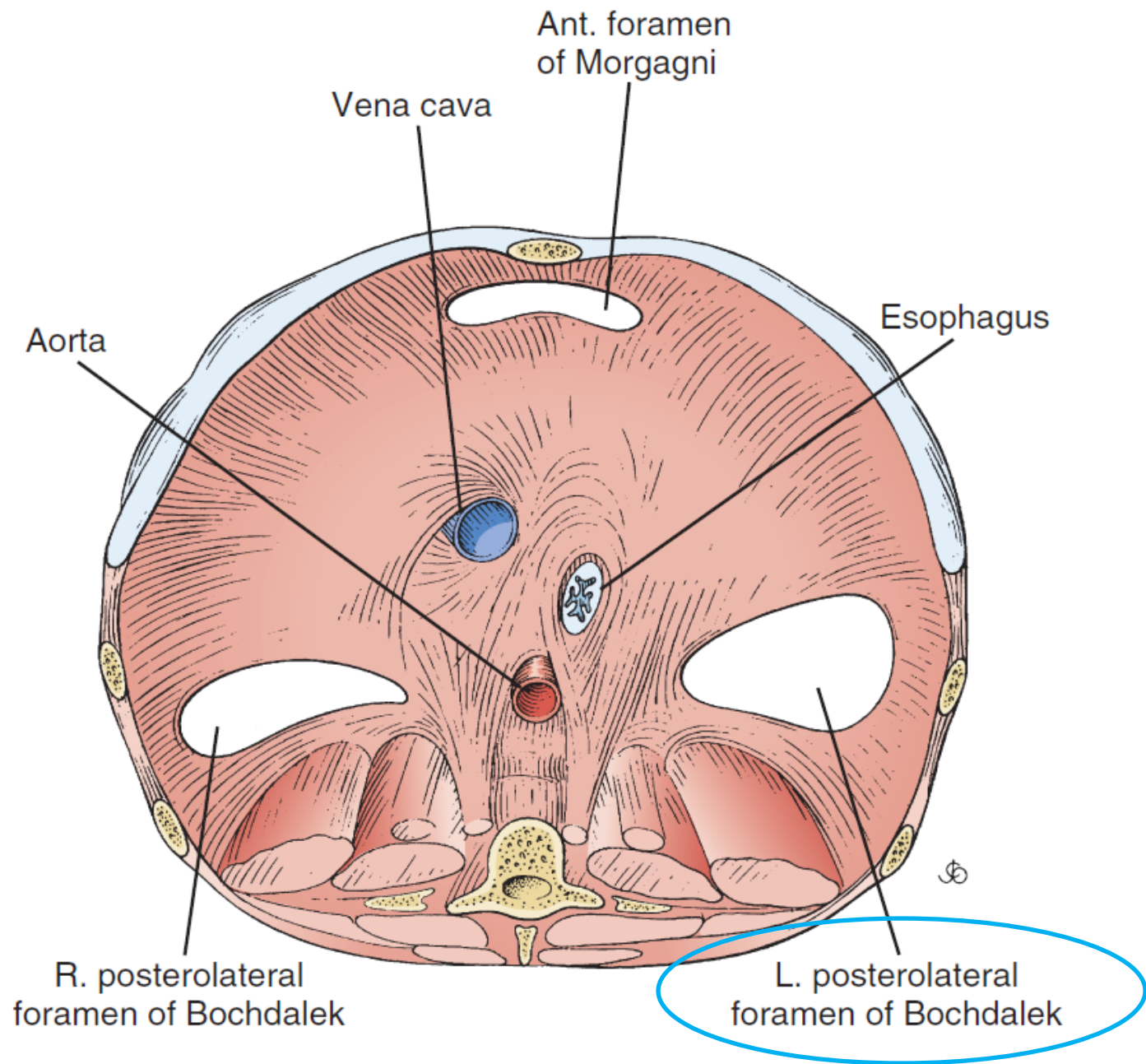
*The "little" patients
should not be considered
"miniature adults".*

Neonatal Surgical Diseases

- Congenital diaphragmatic hernia
- Esophageal atresia/ Tracheoesophageal fistula
- Abdominal wall defects
 - Omphalocele
 - Gastroschisis
- Pyloric stenosis
- Hirschsprung's disease
- Post-tonsillectomy hemorrhage
- Cleft lip & cleft palate
- Myelomeningocele
- Lobar emphysema
- Necrotizing enterocolitis

Congenital diaphragmatic hernia

- **Incidence** of CDH = 1:2,500-3,000 live births
- Male to Female ratio = 1:1.8
- The most common & largest diaphragmatic defect (75-85%) → **left** posterolateral pleuroperitoneal canal (**foramen of Bochdalek**)



CDH

EA/ TEF

Abdominal
wall
defects

Pyloric
stenosis

Hirschspru
ng's
disease

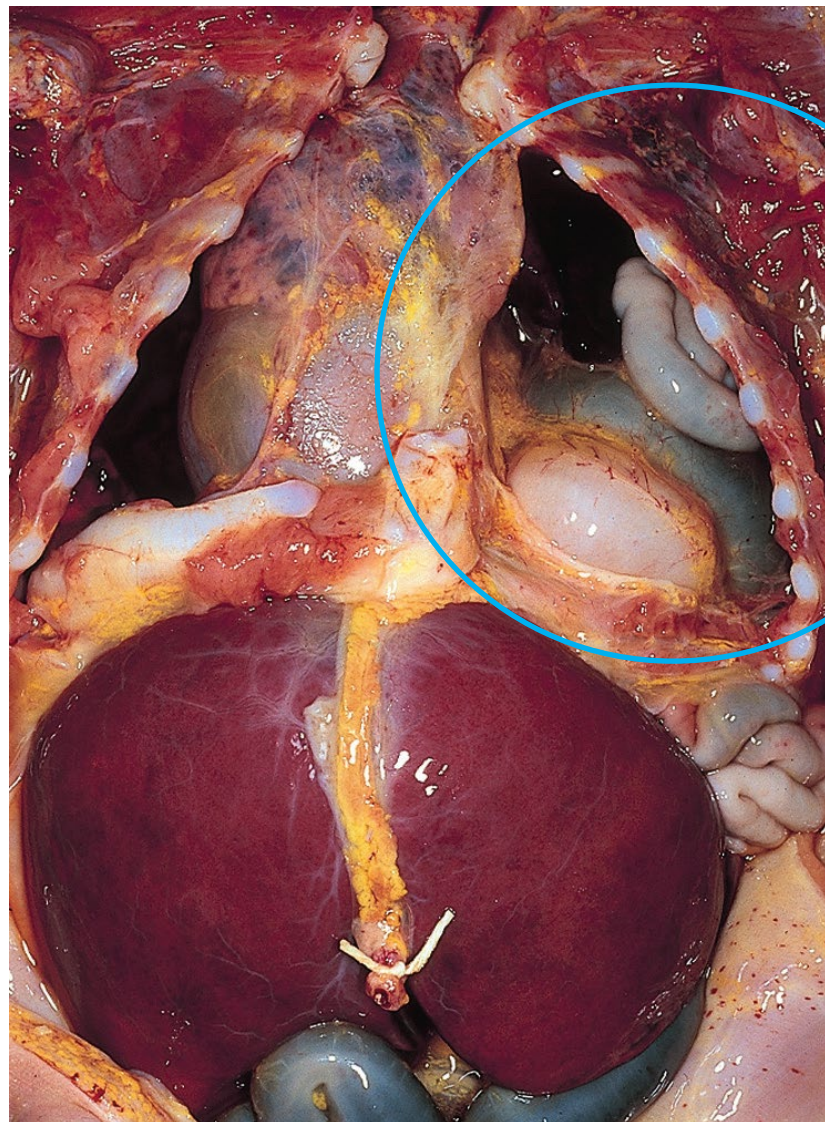
Post-
tonsillecto
my hge.

Cleft lip &
cleft palate

Myelomenin
gocele

Lobar
emphysema

NEC





CDH is associated with the following:

- Varying degrees of bilateral lung hypoplasia
- **Pulmonary hypertension** → Rt-Lt shunt → Hypoxemia
- Congenital anomalies ;
 - CNS (28%); neural tube defects, hydrocephalus, sensorineural hearing loss
 - Cardiac (25%); VSD, ASD, TOF, HPLS
 - Gastrointestinal (20%); undescended testis, hypospadias
 - Genitourinary (15%); gastrointestinal malformations
 - Trisomic (10%)
 - Skeletal

- **Signs & symptoms** (soon after birth)
 - scaphoid abdomen,
 - barrel-shaped chest,
 - detection of bowel sounds during auscultation of the chest,
 - profound arterial hypoxemia
- Classic **triad of CDH** consists of
 - Cyanosis
 - Dyspnea
 - Apparent dextrocardia

• Diagnosis

– Prenatal (20 GA);

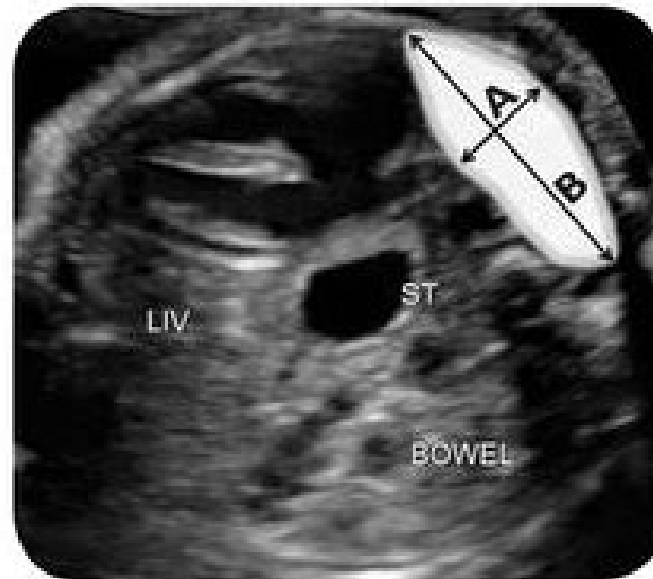
ultrasonography → findings that correlate with poor prognosis include **polyhydramnios**, displacement of the stomach above the diaphragm

- degree of pulmonary hypoplasia estimated by calculating the lung-to-head ratio

high ratio (>1.4) indicates good lung size & good outcome compared to a low ratio (<1.0)

– Postnatal, assessed the degree of pulmonary hypoplasia by

- Degree of respiratory distress
- Hypoxemia
- Acidosis
- PPH



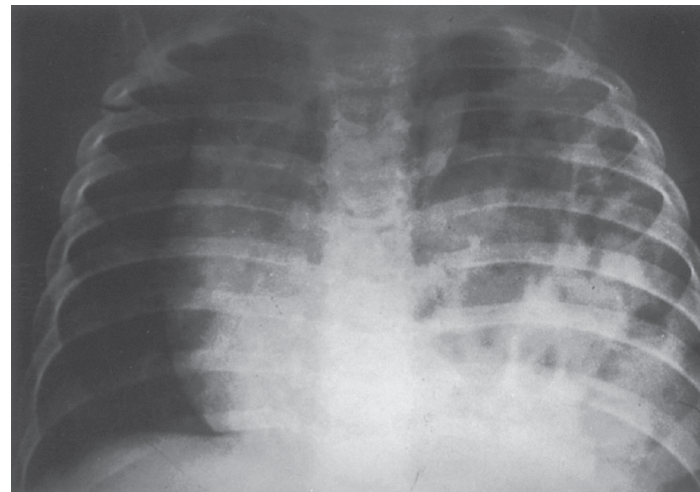
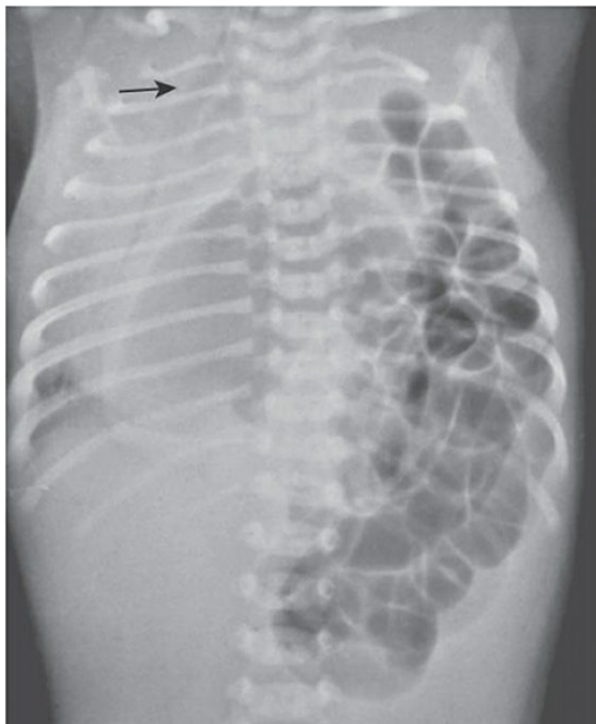
$$\text{LHR} = \frac{\text{Length A (mm)} \times \text{Length B (mm)}}{\text{Head circumference (mm)}}$$

$$\text{O/E LHR} = \frac{\text{Observed LHR}}{\text{Expected LHR}}$$

Severity	O/E LHR	LHR	Liver	Survival
Extreme	<15%	<0.4	–	0%
Severe	15–24%	0.4–0.84	Up Down	30%
Moderate	25–34% 35–44%	0.85–1.3 1.35–1.75	Up Down Up	50–70%
Mild	35–44% >45%	1.35–1.75 >1.8	Down Up –	75–100%

- **Diagnosis**

- CXR showing loops of bowel or bowel gas pattern in the chest along with mediastinal shift



• Treatment

a) Immediate treatment

- Decompression of the stomach with an orogastric or nasogastric tube
- Supplemental O₂
- Early tracheal intubation
- PPV < 25 cm H₂O
- FIO₂ adjusted preductal arterial saturations > 85%
- ECMO → survival 50%

b) do not require immediate surgery

- Must correct pulmonary hypoplasia 5-15 days
→ until decreased PVR & maintained ventilation with low PIP (<25 cm H₂O) & FiO₂ = 0.5, correction of metabolic acidosis

Surgical intervention when optimized cardiorespiratory status ;

- Arterial pressure normal for GA & stable for specific patient for 12 - 24 hours
- Preductal SaO_2 at least 85%, preferably 90-95%, with an $\text{FiO}_2 < 0.50$
- No acidosis ; lactate < 3 mmol/L
- Urine output 1 - 2 mL/kg/hour

- **Prognosis**

- Survival 42% - 75% → restrictive lung dz & reactive airways
- related to the degree of pulmonary hypoplasia & associated anomalies
- **Factors associated with a poor prognosis ;**
 - severe pulmonary hypoplasia
 - herniation to the contralateral hemithorax
 - onset of symptoms in the first 24 hours of life
 - severe Rt-Lt shunt that requires ECMO
 - associated major developmental anomalies
 - delivery in a nontertiary center

• Management of Anesthesia

- Awake tracheal intubation following preoxygenation
- Preductal arterial cannulation (Rt radial)
for monitoring SBP, blood gases, pH
- **N₂O** should be **avoided**
- PPV < 25 - 30 cm H₂O to minimize the risk of pneumothorax
- Hypothermia must be avoided
- After CDH reduction, an attempt to inflate the hypoplastic lung is **not** recommended
- Maintenance fluid therapy & replacement loss

Goals of ventilation & oxygen delivery in OR

- small tidal volume
- minimal PEEP (2 - 4 cm H₂O) to avoid atelectasis & trauma from shear stress (low-volume injury)
- adequate oxygenation without hyperoxia (SpO₂ 90% - 95%)
- permissive hypercapnia (PaCO₂ 60-65 mmHg)
- maintaining adequate pH >7.25

• Postoperative Management

- remain intubated
- no effective treatment for pulmonary hypoplasia
- postoperative course characterized by
 - rapid improvement
 - tension pneumothorax
 - inferior vena cava compression
 - followed by sudden deterioration with profound arterial hypoxemia, hypercapnia, acidosis
 - reappearance of fetal circulation patterns
 - death

Preoperative

Intubation and ventilation with permissive hypercapnia

Avoid bag-and-mask ventilation

Nasogastric tube for stomach decompression

Broad-spectrum antibiotics

Sedation/anesthesia

Intraoperative

Standard monitoring

Right upper-extremity pulse oximeter (preductal sat 90 to 95)

Lower-extremity pulse oximeter

Arterial catheter Rt.RA

Central venous pressure catheter

Anesthetic agents

High-dose opioids (50 mcg/kg fentanyl)

or

Low-dose inhaled agents with moderate doses of opioids (10 to 20 mcg/kg)

Nondepolarizing muscle relaxant

Ventilation

Permissive hypercapnia; peak pressures <25 cm/H₂O. Use PEEP 2 to 4 cm/H₂O

Temperature PaCO₂ 60-65 mmHg

Forced-air warmer

Postoperative

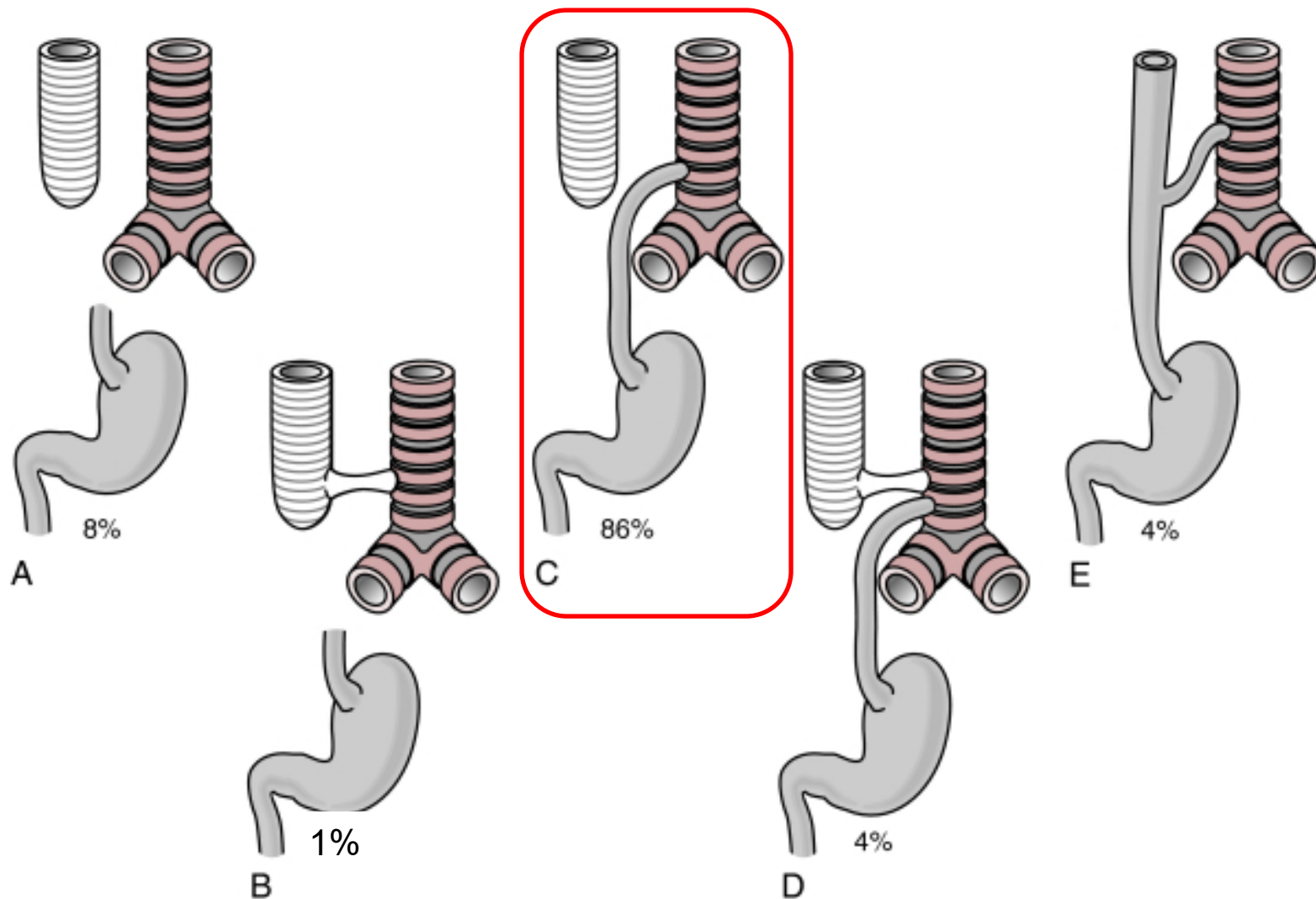
Consider regional anesthesia for postoperative pain

Continue postoperative ventilation

Esophageal atresia / Tracheoesophageal fistula

- **Incidence** of EA/TEF = 1 : 3,000-4,500 neonates
- 50% of EA associated with
 - VATER (**v**ertebral defects, imperforate **a**nus, **t**racheo**e**sophageal fistula, cardiac, **r**adial & renal dysplasia)
 - VACTERL (VATER + **c**ardiac & **l**imb anomalies)
- 20% of EA → co-existing CVS anomalies (VSD, TOF, Coarctation of the aorta, ASD)
- 30% - 40% → Preterm

Types of EA/TEF



- **Signs and Symptoms**

- In TEF; - inhaled air bypass the lungs → hypoventilation & gastric distension
 - stomach contents reflux → aspiration pneumonitis
- In EA; - proximal portion → drooling
 - distal portion → coughing, choking with feeds
- presents with respiratory distress associated with
 - Coughing
 - Cyanosis
 - Frothing at the mouth & nose
- Infants with isolated TEF in the absence of EA may elude diagnosis until later in life → recurrent pneumonias & refractory bronchospasm



Spitz Classification → survival of TEF

Spitz group	Birth weight (Kg)	Major cardiac disease	%Survival
I	>1.5	-	96
II	<1.5	-/+	79
III	<1.5	+	38

- **Diagnosis**

- Prenatally; suspected EA if polyhydramnios
- After birth;
 - oral catheter cannot passed into the stomach
 - cyanosis, coughing, choking during feedings
- Plain radiographs of the chest & abdomen → coiling of a NG tube in the esophageal pouch
- pure EA → airless, scaphoid abdomen

Preoperative management : protect the lungs from aspiration pneumonia

- Avoiding feeding, IV fluid replacement
- Upright, semiprone positioning of the infant to minimize gastroesophageal reflux (Head up 30 degree)
- Intermittent suctioning of the upper pouch
- Administration of antibiotics

- **Treatment**

- maintain patent airway & prevent aspiration
 - Stopped feedings
 - head-up position to minimize regurgitation
 - Continuous suctioning of the proximal esophageal segment
- avoided ET intubation
- Type C → Primary repair without gastrostomy
- Delayed Sx (3-6 mths) → Ligated fistula with inserted gastrostomy
- Significant associated anomalies → staged surgical approach with initial gastrostomy



- evaluation for associated anomalies; Rt-sided aortic arch (require Lt thoracotomy approach)
- Repair may be transpleural or extrapleural
- **Prognosis**
 - pathologic finding in EA is decreased tracheal cartilage → tracheal collapse after tracheal extubation
 - Esophageal stricture → require dilatation
 - Chronic gastroesophageal reflux & dysphagia



Management of Anesthesia

- awake intubation with spontaneous ventilation or fentanyl (0.2-0.5 mcg/kg)
- inhalation induction → intubated without muscle relaxants
- **RSI intravenous induction** → ventilation to minimize PIP (before Fistula ligation)
- Proper placement of ET tube is critical;
above the carina but below the TEF
- ET tube advanced into Rt main bronchus then withdrawn until bilateral breath sounds are present (bevel facing forward)
 - avoid excessive airway pressures
 - anesthetic technique depends on physiologic status
→ Low-dose volatile + air/O₂/opioids

- Intraoperative fluid losses replaced with crystalloid 6 - 8 mL/kg/hr
- Blood loss replaced with 5% albumin & blood
→ Hct \geq 35%
- Avoid hypothermia
- During surgery, lung retraction may impair ventilation & surgical manipulation of the trachea → airway obstruction
- Frequent tracheal suctioning
- Excessive neck extension & reintubation → compromised new anastomosis
- tracheomalacia is common (up to 78%), clinically significant in only about 10% of patients

Monitors

Standard monitoring

Upper- and lower-extremity pulse oximeter

Arterial access if hemodynamically unstable, congenital heart disease, or significant lung disease preoperatively

Anesthetic

Inhaled induction with sevoflurane

Establish intravenous access

Maintain spontaneous ventilation

If bronchoscopy is performed prior to surgical repair:

- Glycopyrrolate
- Topicalize vocal cords and trachea with lidocaine
- Titrate inspired anesthetic concentration
- Propofol or ketamine PRN

If fistula is 1 cm or more above carina, intubate (bevel ETT anterior) (inflate cuff if cuffed tube)

- If fistula below carina, then left mainstream intubation

Neuromuscular blockade after lung isolation

Position left lateral decubitus for right thoracotomy (no right aortic arch)

Fentanyl for analgesia

Consider regional anesthesia

Temperature: forced-air warmer

Postoperative

Postoperative ventilation minimize neck extension

Regional anesthesia for pain

Multimodal analgesia including regional anesthesia

Abdominal wall defects

- **Omphalocele**

- external herniation of abdominal viscera
- abdominal contents contained within sac formed by peritoneal membrane internally & amniotic membrane externally

- **Gastroschisis**

- hernial sac does not cover the herniated abdominal viscera
- male preponderance

Comparison of Gastroschisis & Omphalocele

	Gastroschisis	Omphalocele
Incidence	1: 10,000	1: 4,000–7,000
	Intact umbilical cord and evisceration of bowel through a defect in the abdominal wall right of the cord	Herniation of bowel and liver thorough umbilical wall covered by membranes unless ruptured liver and other organs
Sac	No membrane covering (sac absent)	Present
Associated Organs	No	
Associated Anomalies	Intestinal atresia 25%	Chromosomal anomalies
	Cryptorchidism 31%	Trisomy 18, 13, 15, and 21
		Beckwith-Wiedemann syndrome
		Pentalogy of Cantrell
		Prune belly syndrome
Maternal Age	< 25 yr	Older
Smoking and Alcohol Use	Yes	No
Teratogens	Acetaminophen, aspirin, pseudoephedrine use in pregnancy: Yes	No
Congenital Heart Disease	12%	24%
Prematurity	40%-67%	10%-23%

- **Diagnosis**
 - Prenatal; by fetal ultrasonography
- **Treatment**
 - Gastroschisis requires urgent repair
 - lower body & exposed intestine immediately place into a plastic bowel bag reduces → evaporative fluid and heat loss
 - Omphalocele requires urgent corrective surgery, preoperative cardiology evaluation & echocardiography
 - Staged closure is very successful & avoids increased abdominal pressure

- Primary closure → cause
 - respiratory compromise
 - decreased venous return
 - circulatory dysfunction
 - Lower extremity congestion & cyanosis
- Primary closure is not recommended if
 - inspiratory pressures > 25 - 30 cm.H₂O
 - Intravesical/Intragastric pressures > 20 cm.H₂O
- **Prognosis**
 - survival rate for gastroschisis ≥ 90%
 - survival rates for omphalocele 70% - 95%

- **Preoperative Management**

- prevention of infections
- minimization of fluid & heat loss
 - Covering exposed viscera with moist dressings & plastic bowel bag & maintaining neutral thermal environment
- decompressed stomach with orogastric tube
- Fluid;
 - Volume 2-4 times of daily maintenance requirement ($\geq 8-16$ mL/kg/hour)
 - 5% albumin = 25% of replacement fluids
- Hypovolemia is indicated by hemoconcentration & metabolic acidosis

- **Management of Anesthesia**

- preservation of body temperature & continuation of fluid replacement
- decompression of the stomach and preoxygenation
- N₂O is avoided
- Monitoring airway pressure
- Direct monitoring of ABG & pH is helpful for guiding fluid therapy
- Need mechanical ventilation for 24-48 hours

Preoperative

Adequate hydration

Maintenance of temperature, prevention of heat loss

Evaluation for congenital heart disease and other associated abnormalities

Broad-spectrum antibiotics

Measure electrolytes

Intraoperative

Rapid-sequence induction

Avoid mask ventilation and abdominal distension

Muscle relaxation (nondepolarizing muscle relaxants)

Inhalational agents as hemodynamically tolerable

Opioids for analgesic

Consider regional anesthesia for intraoperative and postoperative care.

Monitors: standard monitors, arterial catheter if hemodynamically unstable

Consider central venous catheter for both intraoperative monitoring and postoperative nutrition

Monitor inspiratory pressures during defect closing

Right upper-extremity pulse oximeter (preductal)

Pulse oximetry on lower extremity. Used for postductal saturation and perfusion of lower extremity during abdominal closure.

Prevent hypothermia; forced air warmer

Postoperative

Mechanical ventilation unless defect small

Regional anesthesia encouraged unless prolonged intubation expected

Pyloric stenosis

- **Incidence** 1 in every 300 live births
- Males > Female 4 times
- **Signs and Symptoms**
 - nonbilious projectile vomiting at 2 - 5 weeks of age
 - symptoms may develop - 1st week to 5th month of life
 - vomiting occurs within 30 to 60 mins after feeding
 - hypokalemic, hypochloremic primary metabolic alkalosis with a secondary respiratory acidosis
 - Hypovolemia, Hypokalemia, Hypocalcemia
 - Compensatory respiratory acidosis → resulting from hypoventilation & periodic apnea

- **Diagnosis**

- olive-like mass → palpated in the epigastrium
- upper GI contrast studies (barium swallow)
- Ultrasonography sensitivity 95% & specificity 100%

- **Treatment**

- Pyloromyotomy → definitive treatment
- not a surgical emergency
- Fluid resuscitation guided by serum electrolyte →
 - serum chloride > 100 mEq/dL
 - serum bicarbonate < 28 mEq/dL
- Metabolic alkalosis must be corrected prior to surgery to prevent postoperative apnea



- **Prognosis**

- Surgical treatment is curative
- Feedings within 4 - 6 hrs following surgery

- **Management of Anesthesia**

- full stomach → risk of aspiration; upper GI contrast studies
- Prevent by
 - premedication with atropine
 - large-bore orogastric catheter

- **Postoperative Management**

- Postoperative depression of ventilation by
 - CSF alkalosis
 - intraoperative hyperventilation
- Apnea monitoring for the first 12 hours after surgery
- hypoglycemia may occur 2 - 3 hrs after surgery due to inadequate liver glycogen stores & cessation of intravenous dextrose infusions

General Anesthesia Guidelines for Pyloric Stenosis

Premedication: not generally indicated

Monitors: standard anesthesia monitoring, gastric decompression

Anesthetic induction: intravenous rapid sequence

Propofol 2 mg/kg and rocuronium 0.5 mg/kg

or

Atropine 20 mcg/kg, propofol 2 mg/kg, and succinylcholine 2 mg/kg

or

Atropine 20 mcg/kg, propofol 3 mg/kg, and remifentanyl 1 to 2 mcg/kg

Airway: endotracheal tube

Anesthetic maintenance: air/oxygen/sevoflurane or isoflurane

Anesthetic adjuncts: ondansetron

Intraoperative and postoperative pain management:

Acetaminophen: intravenous 15 mg/kg or rectal 30 to 40 mg/kg initial dose

Wound infiltration with local anesthetic agent

Hirschsprung's disease

(congenital aganglionic megacolon)

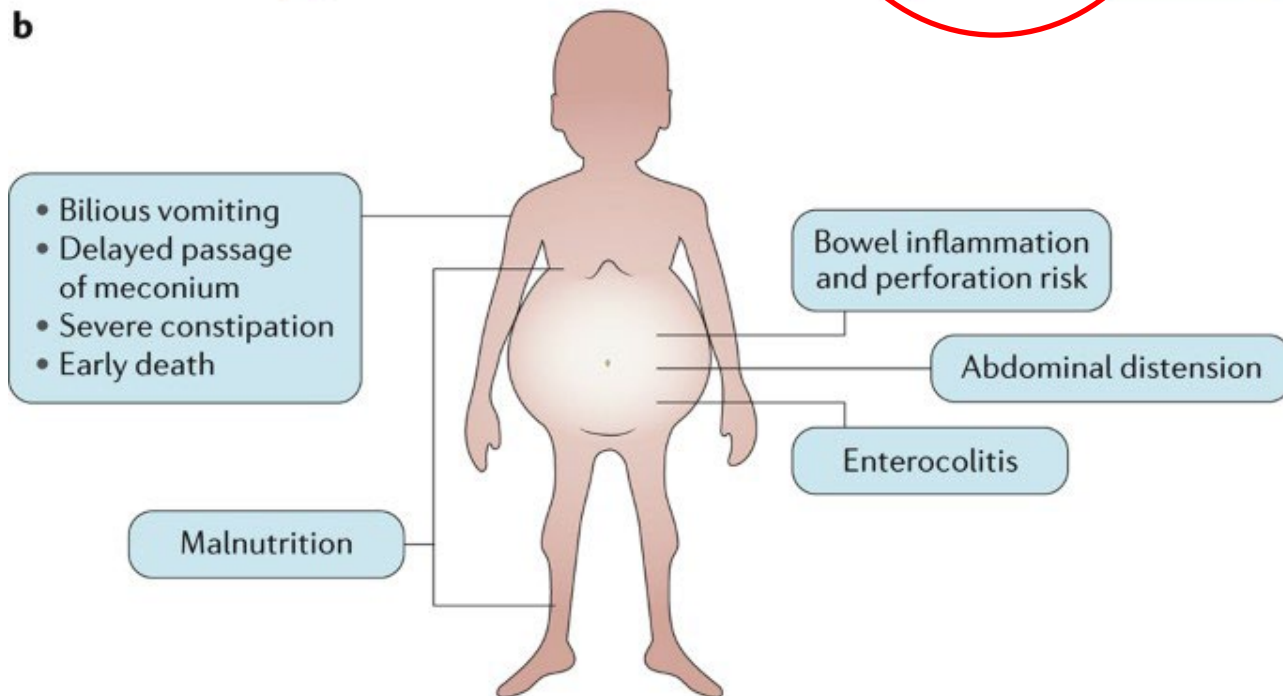
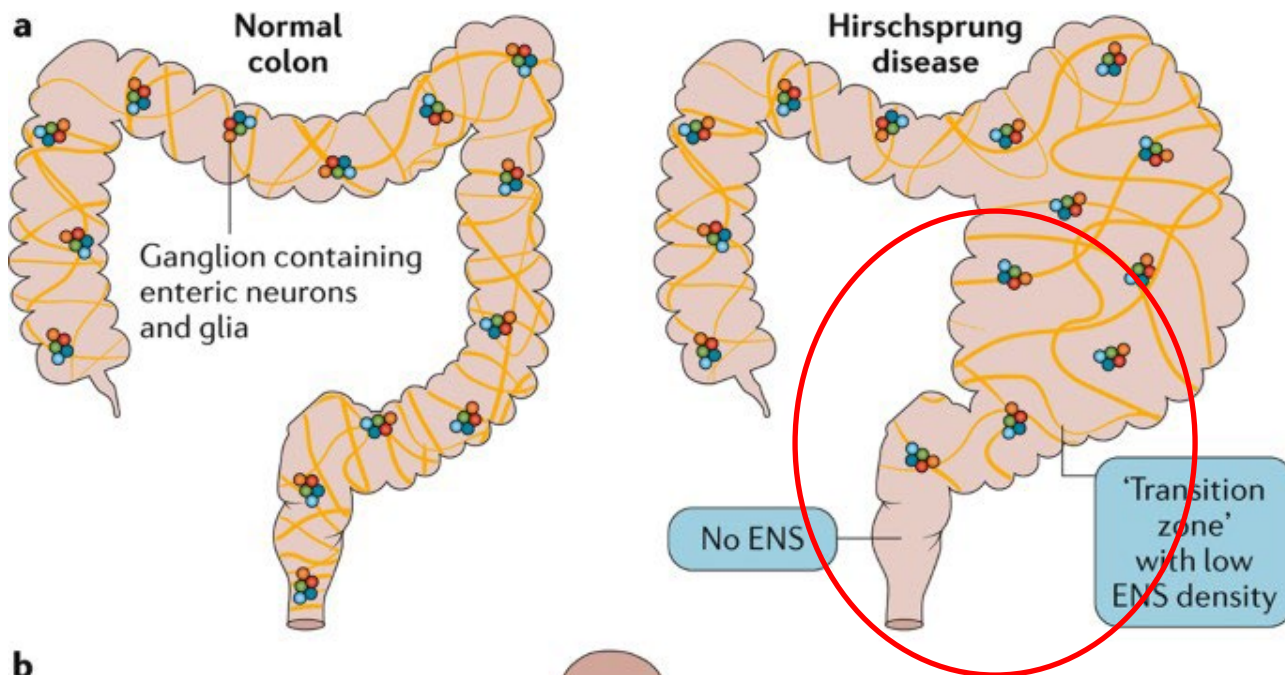
- **Incidence** 1 in 5000 live births
- male predominance
- characterized by → absence of parasympathetic ganglion cells in the large bowel
 - aganglionosis extends proximally from anus usually limited to rectum & sigmoid colon

- **Signs and Symptoms**

- Constipation → dilatation of the proximal bowel & abdominal distention
- enterocolitis with associated signs of bowel obstruction
- explosive diarrhea following a rectal examination

- **Diagnosis**

- suspected in any full-term neonate with delayed passage of stool
- classic radiographic finding → presence of transition zone between normal dilated proximal colon & narrow, spastic distal colon segment
- Rectal biopsy is the diagnostic gold standard → absence of ganglion cells and the presence of hypertrophied nerve bundles that stain positively for acetylcholinesterase



- **Treatment**

- Surgical treatment aimed at bringing ganglionated bowel down to the anus
- primary endorectal **pull-through procedure**
- decompressive colostomy is indicated in infants presenting with severe enterocolitis



- **Prognosis**

- require reoperation in

- retained or acquired aganglioneosis
 - severe strictures
 - dysfunctional bowel
 - intestinal neuronal dysplasia

- **Management of Anesthesia**

- IV catheters should be placed in upper extremities
- Epidural anesthesia provides excellent intraoperative & postoperative analgesia
- Extubation at the end of surgery



Post-tonsillectomy hemorrhage

2 Indications for tonsillectomy in children:

- Sleep disordered breathing (SDB)
- Infection; recurrent tonsillitis, chronic tonsillitis, peritonsillar abscess
(Paradise Criteria)
- Obstructive sleep apnea syndrome (OSAS)

AHI	Severity
1-4	Mild
5-10	Moderate
>10	Severe



Post-tonsillectomy hemorrhage occurs 3.5% , can be a surgical emergency

- Primary bleeding occurs within 24 hours
- Secondary bleeding POD 5-7

Risk factors

- age; > 12 yrs. = Primary (1.5 %), Secondary (3.3 %)
- male sex
- history of recurrent tonsillitis/peritonsillar abscess
- coagulopathies

Preoperative assessment

- Alert and Airway maintaining?
- Active bleeding?, Aspiration risk
- Adequately resuscitated?, Anemia

Preparation

- Blood transfusion tubing along with a fluid warmer
- Double suction set up with Yankauer suction tips
- Multiple sizes of stylet cuffed endotracheal tubes
- Backup laryngoscope blades/handles
- Emergency airway equipment (McGrath videolaryngoscope, GlideScope, fiberoptic intubation equipment)
- Resuscitation medications
- Tracheostomy set
- Avoid hypothermia



Intraoperative

- Adequate preoxygenation
- Rapid sequence induction with cricoid pressure (Sellick maneuver)
- Suction catheter → directed into the midline of the oropharynx, avoiding the tonsillar fossae
- Gastric contents should be suctioned
- Caution with IV narcotics
- IV acetaminophen (12.5 mg/kg)
- Antiemetics; ondansetron (0.15 mg/kg), dexamethasone (0.15 mg/kg)
- Awake extubation

PACU Discharge Criteria for the Pediatric (< 13 Years of Age)

Infant <1 Year

Optimal Pain Relief Achieved	<input type="checkbox"/> YES	<input type="checkbox"/> NO	
1. BP within Pre-op Value/Age-specific range	<input type="checkbox"/> YES	<input type="checkbox"/> NO	
2. HR 120-160	<input type="checkbox"/> YES	<input type="checkbox"/> NO	
A. Unchanged from Pre-op Rhythm?	<input type="checkbox"/> YES	<input type="checkbox"/> NO	<input type="checkbox"/> N/A
3. LOC: Awake or at Pre-op Baseline	<input type="checkbox"/> YES	<input type="checkbox"/> NO	
4. Temp 36-38 Centigrade	<input type="checkbox"/> YES	<input type="checkbox"/> NO	
5. Respiratory Rate 30-60	<input type="checkbox"/> YES	<input type="checkbox"/> NO	
A. O ₂ Sat ≥ 94% or at Pre-op Baseline (if < 94%)	<input type="checkbox"/> YES	<input type="checkbox"/> NO	
6. Dressing Dry	<input type="checkbox"/> YES	<input type="checkbox"/> NO	<input type="checkbox"/> N/A
7. Urinary Output Adequate for Size	<input type="checkbox"/> YES	<input type="checkbox"/> NO	<input type="checkbox"/> N/A

Age 1 to 5 Year

Optimal Pain Relief Achieved	<input type="checkbox"/> YES	<input type="checkbox"/> NO	
1. BP within Pre-op Value/Age-specific range	<input type="checkbox"/> YES	<input type="checkbox"/> NO	
2. HR 80-150	<input type="checkbox"/> YES	<input type="checkbox"/> NO	
A. Unchanged from Pre-op Rhythm?	<input type="checkbox"/> YES	<input type="checkbox"/> NO	<input type="checkbox"/> N/A
3. LOC: Awake or at Pre-op Baseline	<input type="checkbox"/> YES	<input type="checkbox"/> NO	
4. Temp 36-38 Centigrade	<input type="checkbox"/> YES	<input type="checkbox"/> NO	
5. Respiratory Rate 20-30	<input type="checkbox"/> YES	<input type="checkbox"/> NO	
A. O ₂ Sat ≥ 94% or at Pre-op Baseline (if < 94%)	<input type="checkbox"/> YES	<input type="checkbox"/> NO	
6. Dressing Dry	<input type="checkbox"/> YES	<input type="checkbox"/> NO	<input type="checkbox"/> N/A
7. Urinary Output Adequate for Size	<input type="checkbox"/> YES	<input type="checkbox"/> NO	<input type="checkbox"/> N/A

PACU Discharge Criteria for the Pediatric (< 13 Years of Age)

Age 6 to 12 Year

Optimal Pain Relief Achieved	<input type="checkbox"/> YES	<input type="checkbox"/> NO	
1. BP within Pre-op Value/Age-specific range	<input type="checkbox"/> YES	<input type="checkbox"/> NO	
2. HR 60-130	<input type="checkbox"/> YES	<input type="checkbox"/> NO	
A. Unchanged from Pre-op Rhythm?	<input type="checkbox"/> YES	<input type="checkbox"/> NO	<input type="checkbox"/> N/A
3. LOC: Awake or at Pre-op Baseline	<input type="checkbox"/> YES	<input type="checkbox"/> NO	
4. Temp 36-38 Centigrade	<input type="checkbox"/> YES	<input type="checkbox"/> NO	
5. Respiratory Rate 12-20	<input type="checkbox"/> YES	<input type="checkbox"/> NO	
A. O ₂ Sat \geq 94% or at Pre-op Baseline (if \leq 94%)	<input type="checkbox"/> YES	<input type="checkbox"/> NO	
6. Dressing Dry	<input type="checkbox"/> YES	<input type="checkbox"/> NO	<input type="checkbox"/> N/A
7. Urinary Output Adequate for Size	<input type="checkbox"/> YES	<input type="checkbox"/> NO	<input type="checkbox"/> N/A

Postoperative

- Transfer with left or right lateral position
- Supplemental oxygen
- Emergency airway equipment
- Emergency medications
- Monitoring equipment

Postoperative complications

- fever
- intravascular volume depletion
- airway edema
- coagulopathy
- Anemia
- electrolyte disturbances
- rebleed

Perioperative management for OSA

- moderate - severe OSA not be appropriate for outpatient surgery if the surgery involves the airway or Age ≤ 3 yrs.
- severe OSA who use CPAP or BiPAP → available in recovery & ward
- ↓ Opioids analgesia
- ↑ Nonopioid analgesia ; regional anesthesia

Cleft lip & cleft palate

- cleft lip with or without a cleft palate is more common in boys
- isolated cleft palate is more common in girls

prevalence of

- a cleft lip with or without a cleft palate is 9.92 per 10,000
- a cleft lip is 3.28 per 10,000
- cleft lip and palate is 6.64 per 10,000



Functional goals of cleft palate surgery are

- Normal speech
- Hearing
- Maxillofacial growth

early cleft palate repair (before 24 months of age) & delayed closure (after 4 years)

Most common

- repair a cleft lip when the baby is 6 - 10 weeks old
- repair a cleft palate at 6 - 12 months of age

Intraoperative

- Standard monitoring
- Inhalation or IV induction
- ETT should exit the mouth in the midline without facial distortion
- pharyngeal pack of moistened ribbon gauze before “Dingman gag”

Complications

- Airway obstruction
- Bleeding
- Neurosensory disturbance
- Hypothermia



CDH

EA/ TEF

Abdominal
wall
defects

Pyloric
stenosis

Hirschspru
ng's
disease

Post-
tonsillecto
my hge.

Cleft lip &
cleft palate

Myelomenin
gocle

Lobar
emphysema

NEC

Myelomeningocele

Problems

- Associated with Hydrocephalus
- Fluid & Blood loss from defect
- Cranial nerve palsy → inspiratory stridor
- Potential Brainstem herniation
- **Latex allergy** precaution

CDH

EA/ TEF

Abdominal
wall
defects

Pyloric
stenosis

Hirschspru
ng's
disease

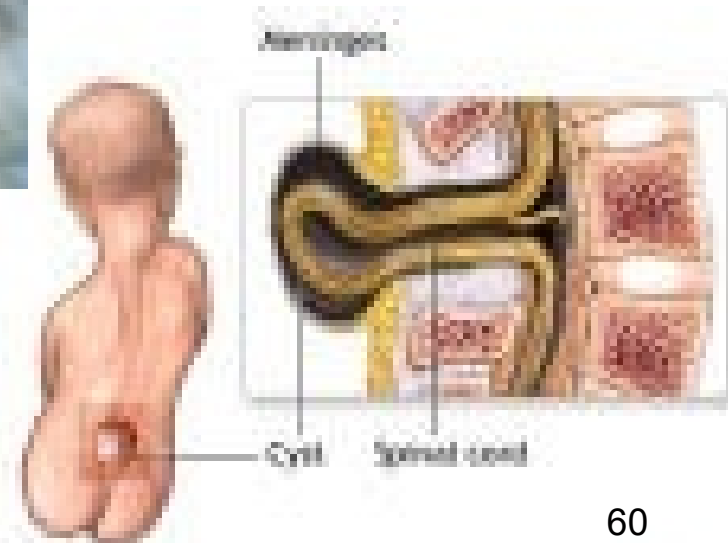
Post-
tonsillecto
my hge.

Cleft lip &
cleft palate

Myelomenin
gocle

Lobar
emphysema

NEC



Lobar emphysema

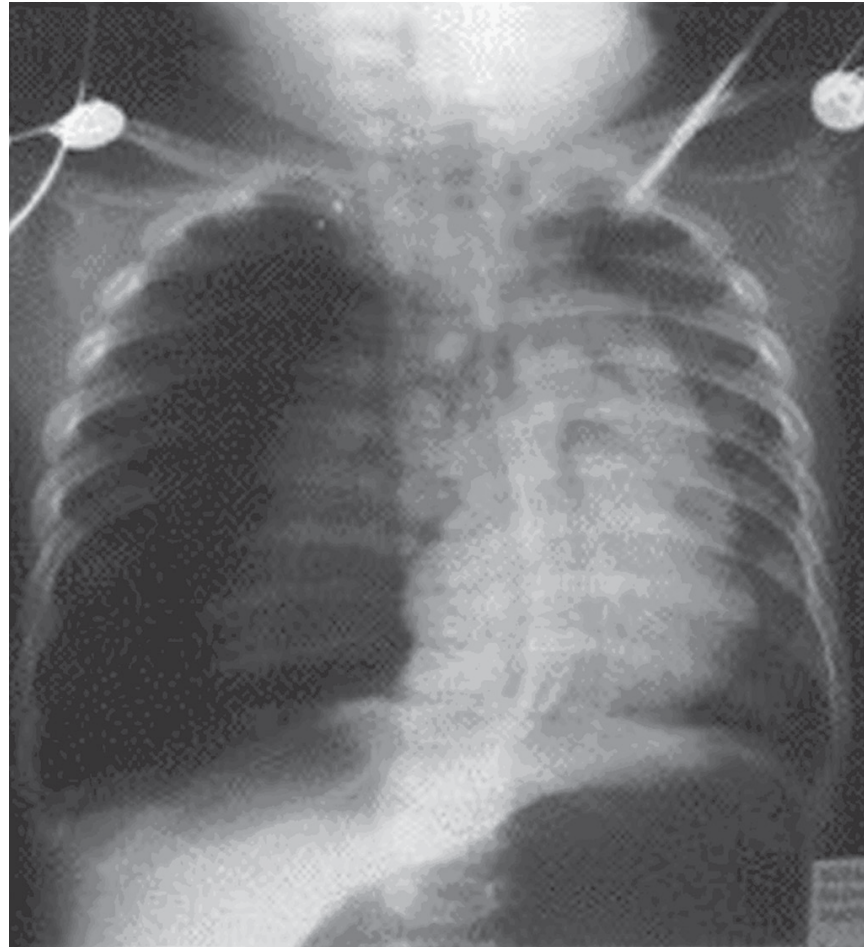
- rare cause of respiratory distress
- Pathologic causes
 - collapse of bronchi due to hypoplasia of supporting cartilage
 - bronchial stenosis
 - mucous plugs
 - obstructing cysts
 - vascular compression of bronchi
- most frequent site of involvement
 - left upper lobe (40%–50%)
 - right middle lobe (30%–40%)
 - right upper lobe (20%)
- Acquired lobar emphysema result from barotrauma associated with the treatment of bronchopulmonary dysplasia.
- increased incidence of CHD; VSD, PDA

- **Signs and Symptoms**

- appear in neonatal period;
 - at birth 25%
 - 1 month of age 50%
- mild tachypnea
- wheezing
- severe dyspnea
- Cyanosis

Diagnosis

chest radiography, CT, ventilation/perfusion scan → radiolucent lobe & mediastinal shift



- **Treatment**

- Resection of the diseased lobe → treatment of choice for symptomatic, progressive lobar emphysema

- **Management of Anesthesia**

- greatest risk during induction as PPV before chest is opened may cause abrupt, exaggerated expansion of emphysematous lobes (gas enters but cannot leave due to a ball-valve effect) → sudden mediastinal shift & cardiac arrest
- tracheal intubation without muscle relaxants & maintenance of spontaneous breathing with minimal positive airway pressures
- Nitrous oxide should not be used
- Severely decompensated → require emergency needle aspiration or thoracotomy

Necrotizing enterocolitis ± bowel perforation

- **Incidence** & case fatality rates inversely related to GA & birth weight
 - greatest risk → GA < 32 wks, weight < 1500 g
- most frequently in terminal ileum & proximal colon
- most common neonatal surgical emergency
- **Etiology of NEC**
 - Perinatal asphyxia
 - systemic infections
 - umbilical artery catheterization
 - RDS
 - exchange blood transfusions
 - patent ductus arteriosus
 - cyanotic CHD
 - Hypotension
 - aggressive hyperosmolar formula feedings

- **Signs and Symptoms**

- Early clinical findings; recurrent apnea, lethargy, temperature instability, glucose instability, shock
- Specific signs of NEC ;
 - abdominal distention
 - high gastric residuals after feeding
 - bloody or mucoid diarrhea
- Metabolic acidosis due to generalized peritonitis & hypovolemia
- Neutropenia & thrombocytopenia

- **Diagnosis**

- plain abdominal radiographic findings → Pneumatosis intestinalis (air in intestinal wall)
- Pneumoperitoneum indicates intestinal perforation

- **Prognosis**

- Medical management fails in approximately 20%
- 25% of pneumatosis intestinalis may die
- extensive intestinal resection → short-bowel syndrome
- complications related to central venous catheters for total parenteral alimentation, cholestatic jaundice

Indications for Abdominal Surgery in NEC

Absolute Indications

- Pneumoperitoneum
- Intestinal gangrene (positive results of paracentesis)

Relative Indications

- Clinical deterioration
- Metabolic acidosis
- Ventilatory failure
- Oliguria, hypovolemia
- Thrombocytopenia
- Leukopenia, leukocytosis
- Portal vein gas
- Erythema of abdominal wall
- Fixed abdominal mass
- Persistently dilated loop

Nonindications

- Severe gastrointestinal hemorrhage
- Abdominal tenderness
- Intestinal obstruction
- Gasless abdomen with ascites

• Treatment

- Medical treatment;
 - cessation of feeding
 - gastric decompression
 - intravenous fluids
 - Antibiotics
 - Mechanical ventilation
 - Hypotension → treated with crystalloid & blood product, Dopamine
- Surgery;
 - reserved for medical management fails ~ 50%
 - bowel perforation
 - sepsis (peritonitis)
 - progressive metabolic acidosis

- peritoneal drainage procedures in interventional radiology

Robert S. Holzman, A Practical Approach to Pediatric Anesthesia, Chapter 17, 1st Ed. 2008.

- **Management of Anesthesia**
 - fluid resuscitation with crystalloid & colloid before induction
 - Blood & platelet transfusions
 - rapid fluid administration to preterm neonates → intracranial hemorrhage or reopening of PDA
 - Need mechanical ventilation prior to surgery
 - full stomach precautions
 - maintain normothermia
 - Postoperative mechanical ventilation

Preoperative

- Optimize hemodynamic and coagulation status
- Check blood product availability
- Check placement of endotracheal tube and catheters
- Know acceptable hemodynamic parameters (BP, PSO_2 , FiO_2)
- Adequate venous access

Intraoperative

- Standard monitoring and arterial catheter
- Maintain hemodynamic stability
- Consider vasoactive support (dopamine or epinephrine gtt)
- Opioids or low-dose inhaled anesthetic agent with neuromuscular paralysis
- Check glucose levels and electrolytes
- Fluid resuscitation: fresh-frozen plasma, cryoprecipitate, and pooled red blood cells
- Careful attention to temperature homeostasis – Forced air warmer

Postoperative

- Mechanical ventilation
- Sedation and analgesia

Bowel obstruction

- procedure to relieve the obstruction;
 - pyloromotomy for pyloric stenosis
 - bowel resection for atresias, stenoses, or webs

Gastrointestinal obstruction

1. Mechanical causes

a) Congenital

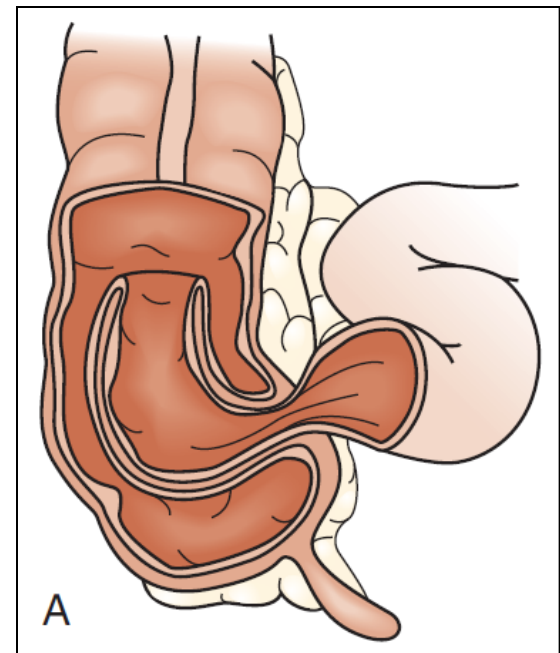
- Intrinsic ;
 - Atresia, stenosis, webs
 - Meconium ileus
 - Duplications
 - Imperforate anus
- Extrinsic ;
 - Peritoneal bands
 - Midgut volvulus with malrotation
 - Volvulus around omphalomesenteric remnant
 - Annular pancreas
 - Mesenteric cysts/other tumors
 - Incarcerated hernias
 - Preduodenal portal vein

b) Acquired ;

- Necrotizing enterocolitis
- Adhesions secondary to prenatal perforation
- Mesenteric thrombosis
- Intussusception

2. Functional causes

- Hirschsprung disease
- Ileus ;
Peritonitis
Gastric/cecal perforation
Necrotizing enterocolitis
- Segmental colonic dilatation



Recommended General Anesthesia Guidelines for Intussusception

Premedication: as clinically indicated

Monitors: standard anesthesia monitoring

Vascular access: 1–2 large-bore catheters, arterial and central venous catheters if hemodynamically unstable

Anesthetic induction: intravenous propofol 2 mg/kg (if unstable ketamine 1 to 2 mg/kg) and rocuronium 1 mg/kg

Airway: endotracheal tube

Anesthetic maintenance: air/oxygen/sevoflurane or isoflurane. Avoid nitrous oxide

Anesthetic adjuncts: ondansetron

Intraoperative and postoperative pain management:

Acetaminophen: intravenous 15 mg/kg

Opioids: morphine 0.05 to 0.1 mg/kg or fentanyl 1 to 2 mcg/kg

Dexmedetomidine 0.5 to 1 mcg/kg upon emergence

Regional anesthesia depending on the surgical approach and clinical condition (tap block, rectus sheath block, epidural block, paravertebral block)

References

- Roberta L. Hines, Stoelting's Anesthesia and Co-Existing Disease, Chapter 24:Pediatric Diseases, 5th ed.,2008.
- Robert S. Holzman, A Practical Approach to Pediatric Anesthesia, Chapter 17:Gut Development:Surgical & Anesthetic Implications ,1st Ed. 2008.
- Smith's, Anesthesia for Infant and Children, 9th ed.,2017.
- Yao, Anesthesiology, 9th ed., 2021.